## Love and Guilt Spel

I cry and cry And with every retching sob it feels as if my heart will die

May your heart grow heavy with guilt for all the pain and hurt I feel

F or you hurt me by acting like a heel

I go out of my way for you

But your caring for me is never true

F or each tear that I shed
You will open your eyes with dread
When you realize with big surprise
That the best thing to happen to you was staring you in the face

Now your inability to compromise

Has put you in a very bad place

Your only saving grace

Will be to voice your deepest love desire

And to turn my pain into passion's hottest fire

As I look into a flame of successful green
I wish that my hidden desire will be seen
As I look into a flame of pure white
I wish that you will finally do what is right
As I look into a flame of loving red
I wish that your eyes will no longer dread

The best thing to happen to you F or my caring is really true

## Blessed be

## **Instructions:**

- Anoint green, white, and red candles with passion or love attracting oil.
- Cast a scared circle.
- Prepare altar with candles
- Burn incense that attracts love. Like lavender, rosehips, licorice, etc.
- Meditate and concentrate on person spell is meant for.
- As incense burns, say spell.
- Mediate and remember good times with this person.
- Can follow-up with prayer to St. Expedite.